

CLYC 2008 Sailing School Information

Cedar Lake Yacht Club Sailing School welcomes the children and grandchildren of all of its members. The goal of the program is to provide a fun, safe and educational program that will develop self-confidence, a sense of independence, and the skills necessary to appreciate and enjoy the sport of sailing.

X Boat Sailing School, June 16– July 22

Monday & Wednesday 9:00 a.m.– 12:00 p.m., 1:00 p.m.– 3:30 p.m.

This program is the foundation of the CLYC Sailing program. This is a comprehensive program with an emphasis on practicing in racing situations. There will be special attention given to 1st year skippers on the basics of boat handling for speed as well as advanced techniques for the experienced skippers. The CLYC instructors are dedicated to bring Cedar Lake sailors to the top of the ILYA fleet.

(Recommended ages 7 – 15) Fee: \$225.00

X Boat New Skipper Class, Friday June 20, June 27, July 11, July 18, 9:00 a.m. – 11:00 a.m.

This class is designed for our first year X boat skippers and will acclimate them to all the responsibilities of being an X boat skipper. Children who are interested in being a skipper next year are also encouraged to take this class.

Fee: \$60.00

X Boat New Crew Class, Friday June 20, June 27, July 11, July 18, 1:00 p.m. – 3:00 p.m.

This class is designed to acclimate a younger child to all of the responsibilities associated with being an X Boat crew. Fee: \$60.00

Parent/Child Opti Class, Tuesday June 17, June 24, July 8, July 15, July 22, 6:30p.m.– 8pm.

For the youngest sailor to learn the parts of the boat, how to rig an opti, as well get to get a little practice sailing an Opti with the assistance of their parent. (Recommended ages 4 – 6)

Fee: \$75.00

Opti Sailing School, June 17 - July 31

9:00 a.m. – 11:00 a.m. –Beginners, Tuesday only (Recommended ages 6 – 9)

12:15 p.m. – 2:15 p.m. – Green Fleet, Tuesday & Thursday, (Recommended ages 7 – 12)

2:30 p.m. – 4:30 p.m. – Red, White, and Blue Fleet, Tuesday & Thursday, (Racers)

The Optimist dinghy is the foundation boat for youth sailing. The Beginner course focuses on teaching the basics of sailing. The Green Fleet includes instruction of basic racing skills. The Red, White and Blue Fleet includes instruction of advanced racing and regatta skills.

Fee: Two days per week \$150.00

One day per week (Beginners only) \$100.00

If you have any questions regarding the sailing school program or are interested in private lessons please contact Katie Eckert at (773)910-3636 or Cindy Rusher at (847)486-4166.

CLYC Registration Form

Name: _____ Age as of 1/1/08 _____

Parent or Grandparent's Name: _____

Address: _____

Home Phone: _____ Cell Phone: _____

Business Phone: _____ E-Mail: _____

Emergency Contact: _____ Phone: _____

Class Name	Student Name	Fee
Parent – Child Class		\$ 75.00
Opti – One Day		\$ 100.00
Opti – Two Day		\$ 150.00
X Boat New Skipper		\$ 60.00
X Boat New Crew		\$ 60.00
X Boat Program		\$ 225.00
Total Due:		
Class registration includes Sailing School T-shirt – please indicate size: Child M _____ Child L _____ Adult XS _____ S _____ M _____ L _____		
I have read and understand the Rules and Regulations for CLYC Sailing School.		
Applicants Signature or Parent if under age 18.		
Please return this form to: Cindy Rusher, 721 Pleasant Lane, Glenview, IL, 60025		
****Please make additional copies of this form as needed. We would appreciate one registration form for each participant.****		